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NRSG 138.01: Gerontology for Nursing

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MISSOULA COLLEGE - UM
DEPARTMENT OF NURSING – PN Program
Fall 2013

COURSE NUMBER & TITLE: NRSG 138 GERONTOLOGY

DATE REVISED: 8/2013

SEMESTER CREDITS: 2

Lecture hours per week: 1 (16 hours of lecture)

Clinical hours: 24 hours x 2 weeks = 48 hours of clinical per semester

Course time and location: Tuesdays 1110-1200 GH01

Clinical Rotation Sites: Clinical will be held at Village Health Care Center (VHCC).

The days are scheduled in one week blocks with two (2) per semester for a total of 48 hours.

Village Health Care Center

Times: 0630-1500

2651 South Avenue West

Missoula, MT 59804

Long term and Subacute at VHCC

728-9162

PREREQUISITES: Completion of all PN nursing prerequisites and acceptance into the PN program.

FACULTY CONTACT & INFORMATION:

Linda Barnes, MSN, RN

Email: linda.barnes@umontana.edu

Office phone: 243-7869

Home: 214-6160

Office Location: Nursing Faculty Offices

Office Hours: By appointment

RELATIONSHIP TO THE PROGRAM:

This course introduces students to the skills and knowledge to provide nursing care to the aging client.

COURSE DESCRIPTION:

Students are introduced to current trends (including legal and ethical issues) in Gerontological nursing, developmental stages and transitions associated with aging, expected age-related physiological and psychological changes and assessment findings, recognition and management of acute and chronic illnesses

that commonly occur in the older adult population, promotion of health for the older adult client, and end of life issues.

Program Outcomes: The terminal objectives listed in the student handbook are formulated to provide students with outcomes expectations in the Associated of Applied Science Practical Nurse (AAS-PN) program. Each objective is considered pertinent to the core competencies for practice nurse as described by the National League of Nursing Competencies Task Force. At the completion of the course and the AAS-PN program, the student will be expected to meet the program outcomes listed with focal reference to fundamental care of the geriatric client.

EXPECTED STUDENT COURSE OUTCOMES: Upon completion of this course, the student will be expected to:

1. PROFESSIONAL BEHAVIORS:

Demonstrate the standards of care within the scope of the practical nurse while providing client advocacy for the adult client through the use of chain of command. Demonstrate professional behaviors of seeking guidance, self-learning, punctuality and preparedness.

2. COMMUNICATION:

Identify client confidentiality, privacy and dignity in accordance with HIPAA and facility policy. Articulate and demonstrate the use of therapeutic relationship through client-centered communication during delivery of care.

3. ASSESSMENT:

Identify, articulate and demonstrate a basic physical assessment with health history including basic labs, diagnostic procedures, and treatments as they relate to the care and plan of care of the geriatric client.

4. CRITICAL JUDGMENT:

Distinguish and use assessment data to plan for appropriate daily care and plan of care of the geriatric client.

5. CARING ENVIRONMENT:

Establish and promote an environment conducive to privacy and safety while honoring the client's psychosocial, cultural, physical and spiritual well being.

6. MANAGING CLIENT CARE:

Identify and document individual client needs, goals and outcomes while facilitating continuity of care for the geriatric client.

COURSE POLICIES AND COURSE/CLINICAL EVALUATION:

1. Policies related to attendance, tardiness, class participation, missed examinations or assignments, academic dishonesty, grading, Grade Appeal Procedure, and support services are included in the Nursing Student Handbook.
2. Students are expected to make a proactive, consistent, active and responsible effort to attend *all* clinical experiences as part of their professional behavior development.
3. A student reporting to clinical assignment in improper uniform or without clinical paperwork completed will be sent home with a zero for the clinical day.
4. More than one excused clinical absence in a semester will be grounds for failure of the gerontology class. Three tardies to clinical is equivalent to one unexcused absence and failure of clinical and likewise gerontology class.
5. Clinical is a pass/fail grade. Students must receive a passing grade to successfully pass the course. A failed grade in clinical means a failure in NRS138 Gerontology.

Academic Conduct:

All students must practice academic honesty. Academic misconduct, including plagiarism and classroom misconduct is subject to an academic penalty by the course instructor and/or a disciplinary sanction by the University. All students need to be familiar with the Student Conduct Code. The code is available for review online at <http://www.umt.edu/SA/VP/SA/index.cfm/page/1321>. Students are encouraged to view the student conduct code.

Recording of Classes – Lecture recording is not allowed without prior consent of the instructor. In distance learning classes, recorded lectures are not allowed to be re-broadcast in any way and any material discussed in face to face classes or in on-line discussion groups is considered confidential. If a student breaks this policy, it will be considered academic misconduct.

Disability Accommodations:

Eligible students with disabilities will receive appropriate accommodations in this course when requested in a timely manner. Please speak with me after class or in my office. Please be prepared to provide a letter from your DSS Coordinator. For more information, visit the Disabilities Services website at <http://www.umt.edu/dss/> or call 406-243-2243.

QSEN STATEMENT:

QSEN (Quality and Safety Education for Nurses) is being integrated throughout the curriculum. This was initiated in Fall 2012 with safety and will continue until all competencies have been integrated. QSEN has evolved from the landmark IOM report "To Err Is Human" published in 2000. The six QSEN competencies are: safety, patient-centered care, teamwork and collaboration, evidence-based practice, quality improvement, and informatics. There are a total of 162 KSAs (Knowledge, Skills and Attitudes) associated with the six competencies that will be introduced with the competencies. There will be QSEN assignments that will be due throughout the semester. Due dates are posted. For more information on QSEN, please visit the website qsen.org

REQUIRED TEXT:

Lange, J.W. (2012) 1st Edition. The Nurse's Role in Promoting Optimal Health of Older Adults. Thriving in the Wisdom Years. F.A. Davis Company.

ISBN 978-0-8036-2245-6

Currie, D. (2010). Before My Eyes: A daughter's personal journal with her mother into Alzheimer's disease. New York: iUniverse

Suggested Reference Materials:

Care planning book of choice

Nursing dictionary of choice

Lab and diagnostic book of choice

*Additional articles and links will be made available to students within the learning units in Moodle.

Required Supplies:

Missoula College-UM name tag

Uniform of the nursing program and appropriate shoes with minimal color combos.

Stethoscope and watch with second hand.

Please refer to Moodle for the following:

- Clinical learning activities and unit assignments
- Some exams/quizzes
- Course schedule

- Clinical Evaluation rubrics
- Syllabus
- Clinical paperwork with explanations, including rubrics for evaluation
- Student Handbook

Course Assessment Methods:

Education pursuits are constantly evolving and growing. As students expect to receive an evaluation of their progress in meeting outcomes and due dates, curriculum is also subject to constructive criticism and evaluation. Therefore, this course will be evaluated by students in the format of student evaluations. The faculty highly values student feedback and welcomes all forms.

Student performance assessment methods and grading criteria:

- 1) Professionalism (10 points)
- 2) Final exam (10 points)
- 2) Quizzes (3 Quizzes, 10 points each)
- 3) PowerPoint Presentation (20 Points)
- 4) Book Review (10 points)
- 5) Care Plan/Case Study (10 points)
- 6) QSEN and other assignments (10 points)

Clinical is pass/fail

Total points for the class: 100

Grading Scale:

90-100 = A

80-89 = B

70-79 = C

60-69 = D

Below 60 = F

Successful completion of this course requires a minimum of an 80% (B)

Course Expectations:

Work Load: Workload is a point of interest for all students. In the college setting the expectation is for every “credit” hour, you will have 2-3 hours of homework per week when taking health courses. This means for this course with readings, discussions on line, quizzes and written work, the work load should average about 6-9 hours per week. Please manage your time accordingly.

Quizzes: Quizzes will be taken in class, with NCLEX-style questions.

Final: The final will be taken in class during finals week. The final will be comprehensive, using NCLEX-style questions.

Power Point Presentation: Each student will submit a PowerPoint presentation to Moodle toward the end of the semester (date to be announced). The presentation will be a review of an issue related to gerontology of the student’s choice. The student will use current scholarly references (peer reviewed) to review a current trend or issue within the scope of gerontology. The presentations will be viewed by the class on Moodle.

Book Review: A short book about Alzheimer’s Disease has been required for this course. The student will write a book review for this book during the semester, due date to be announced.

Care Plan/Case Study: The student will be given a case study assignment to complete during the semester. The student will be introduced to care planning and how this relates to practical nursing.

QSEN Assignments: The student will be given short assignments related to the QSEN competencies. These assignments will be submitted in Moodle.

Plagiarism: All written work will be subject to plagiarism check software. Please see your Nursing Program Student Handbook and Code of Conduct: “Plagiarism is the act of using another person’s ideas or expressions in your writing without acknowledging the source...to plagiarize is to give the impression that you have written or thought something that you have in fact borrowed from someone else” (Bibaldi & Achert, 1988). Any written work submitted containing sections that have been copied and pasted from any source without proper citation will receive a grade of “0” (zero) and the student may be remanded in accordance with the UM Student Code of Conduct.